Yesterday's 4-H Youth, Today's 4-H Leaders
Today's 4-H Youth, Tomorrow's Leaders

The 4-H Youth Development Program creates opportunities for youth to become the leaders of tomorrow. This mission is reflected in our pledge:

- **Head (Independence)**: to think, to plan, to reason.
- **Heart (Belonging)**: to gain a sense of connection to others in the group and be part of positive activities.
- **Hands (Generosity)**: to be concerned with the welfare of others, accept responsibilities of citizenship and develop positive attitudes.
- **Health (Mastery)**: to apply the skills learned to be motivated, competent and successful.

As you can see on the front cover, we have many great leaders today that were 4-H members. Can you guess who they are? The answers are somewhere in this issue of Clovertales.

Let’s continue to Make the Best Better!!

Lisa Rothenburger  
County 4-H Agent  
Carol Ward  
County 4-H Agent

Remember 4-H is for everyone, everywhere!

The 4-H Youth Development Program is part of Rutgers Cooperative Research and Extension of Somerset County. 4-H educational programs are offered to all youth, grades K-13, on an age appropriate basis, without regard to race, color, sex, national origin, or disability.

4-H Mission Statement

The Rutgers Cooperative Research & Extension 4-H youth development program uses a learn by doing approach to enable youth to develop the knowledge, attitudes, and skills they need to become competent, caring, and contributing citizens of the world.

The mission is accomplished by using the knowledge and resources of the land grant university system, along with the involvement of caring adults.
Important Dates for State 4-H Animal Events!

- **March 11** - Circuit 4-H Dog Show, Somerset County
- **March 11** – State Dairy/Beef/Equine Symposium, Cook College
- **March 18** – State 4-H Dairy Quiz Bowl, Monmouth County
- **March 25** – State 4-H Horse Bowl, Burlington County
- **April 29** – State 4-H Dog Show, Cook College
- **May 6-7** – State 4-H Horse Judging and Hippology, Middlesex County

Please contact Carol Ward about any of the above events.

Somerset County 4-H Public Presentations – March 21-22-23

All 4-H members are encouraged to participate. 4-H Alumni consistently agree that this is the number one program in 4-H that helped them prepare for school and careers. 

Register with the 4-H Office by March 13 for presentations on March 22, 23, 24, (See Club Corner for details). There is still time to volunteer to judge 4-H Presentations. Please call the 4-H Office.

4-H Dairy Presentation Contest - March 23

Any 4-H member may enter. You may give a Dairy Presentation in addition to your County Presentation, or you may be scored for both presentations at this time. Your dairy presentation may be a food demonstration or any other presentation that teaches people about milk and milk products. For more information contact Lucille Razzano at the 4-H office. Register by March 13. Contest will be held March 23, at 7 pm (check in at 6:30 pm).

The following forms are due in the county 4-H office:

- Horse Registrations are due April 1.
- Livestock Loan Forms are due May 1.
- Market Lamb Registrations are due May 1.

4-H Science-sational Day April 1

Brochures for this fun day have been mailed. Register by March 22.

1st-6th graders can participate in hands-on science workshops that include panning for gems, growing your own tree, discovering DNA from a banana, space and beyond, snakes and lizards, and a chance to be a surgeon. The cost is $20.00 per child and parents can attend for no additional cost. Call the 4-H Office, 908-526-6644, for more information and a registration form.

Registration forms are also available on our website: http://somerset.rce.rutgers.edu/
New Member Registration Forms

Starting January 1, 2006 there are new Member Registration Forms that must be used for all new members. Aside from asking some extra questions, the policy for registration has changed slightly.

As a club leader, you are responsible for making sure a potential new member (or the parents) receives the registration forms. It is then the parents’ responsibility to make sure the forms are sent back to the office. Upon receiving the forms, the office will send the parent a letter acknowledging receipt of the form and explaining the next steps. The parent is now responsible for registering their child with the 4-H program, not the leader.

If you have any questions, please contact the 4-H office at 908-526-6644.

Go Karts on Parade

On Sunday, April 30, the 4-H Go-Kart Club will be participating in the pre-game parade at the Somerset Patriots Stadium. The parade will start at 1:00 pm and all 24 members plan on being there. The Club President will get to throw the first pitch! The Patriots game will start after the parade, about 1:30 pm. Family and friends of the Go-Karts will get to enjoy the game from specially purchased seats.

If you are interested in appearing at opening ceremonies at any Patriot Game, please contact the Patriots Business Manager, David Mourdy, at 908-252-0700. Make sure you mention that you are part of Somerset County 4-H!

Somerset County 4-H Week
February 26 - March 4

This is a time to show off Somerset County 4-H! Wear your 4-H T-shirts and sweatshirts. Make a display. What other ideas will you have? Let the 4-H office know so we can publicize your efforts.

The Importance of Record Books

Why complete a record book? A project is a subject or topic that you learn about in 4-H. A record book is simply a way for you to keep track of what you have learned in your project.

• Learn how to organize yourself
• Learn how to set reasonable goals for yourself
• Appreciate what you’ve learned this year from the goals you reached
• Recognize what things you learned in your 4-H project
• Explain what you’ve learned
• Keep track of costs of your project
• Gather information needed to apply for awards and scholarships
• Complete applications and resumes for jobs and college
• Meet requirements to participate in some county, state, or national 4-H events

Projects with official record books are: Goat, Dog, Herpetology, Horse, Model Horse, Rabbit, Small Animal, Dairy and Sheep.

If your project does not have an official record book, then you should be using the general-purpose record book titled, “My 4-H Record Book”.

Why else are record books important?
Because it helps the 4-H department to measure growth and impact in Life Skill Development, Character Education, and Volunteer Development.
Have Your Story Featured in the 2008 National 4-H Calendar

National 4-H Supply Service wants to know about “My Favorite 4-H Project” and why it was meaningful. Your story could be used in the 2008 National 4-H Calendar. If your submission is chosen, you will receive a $10 gift certificate towards your next purchase of merchandise from the 4-H Source Book!

The submission deadline is April 30, 2006. Please e-mail, fax or mail your stories to:

Maria Cascioli
National 4-H Supply Service
7100 Connecticut Avenue
Chevy Chase, MD 20815
mcascioli@fourthcouncil.edu
Phone: 301-961-2948
Fax: 301-961-2937

Alumni Basketball Game
Saturday March 18th 7:00
At the 4-H Center

Last year the Alumni team was victorious. This year Senior Council and Woof Dog Club are teaming up to challenge them. All teens are welcome. Please contact all the Alumni you know and start practicing!

Alumni may sign up with the 4-H Office, 908-526-6644, or email: navatto@co.somerset.nj.us.

Project Learning Tree
May 17, 2006

Project Learning Tree is an award winning environmental education program designed for teachers and youth leaders. Discover over 175 hands-on activities that help teach science, math, language arts, social studies and other subjects like animals and habitats.

Call the 4-H Office to register, 908-526-6644.

Project Wild
March 15, 2006

Project Wild is an interdisciplinary environmental program available to teachers and youth leaders. Learn over 175 activities that help teach all core standard subjects. Activities presented take students from awareness to action and emphasize student interaction with the natural environmental and conservation using the outdoors as a classroom.

Call the 4-H Office to register, 908-526-6644.

First Steps Toward an Alumni Newsletter

Holly Dunbar, Somerset County 4-H alumna and Association member, has agreed to write an Alumni newsletter. We need your help! Please send to Barbara Navatto:

♦ Contact information of alumni
♦ Old photos or news stories
♦ Information about alumni to highlight, even if they are out of state.

To sign up to receive the first issue or to send info, contact Barb Navatto at Navatto@co.somerset.nj.us

Help Wanted

Adult leaders or parents to conduct school enrichment programs in Somerset County schools for any grade level…pre K to high school. Topics will be your area of expertise. Call Lucille Razzano for more information at the 4-H Office (526-6644).
Invite a Teen to Your Meeting

4-H’ers in high school can get involved in National 4-H events such as National Congress, National Conference, and Citizenship Washington Focus. They will learn leadership skills, meet 4-H’ers from across the country, and learn more about projects they can do on the county, state and national levels.

Somerset County teens that have attended these events would appreciate the opportunity to talk to your club members about their experiences. Contact the 4-H office for more information.

Breath of Spring Craft Show, March 18

The NJ State 4-H Association invites you to join them at the Hunterdon County Extension Center, Rt. 31 North, Flemington (just north of Hunterdon Medical Center) for a variety of crafters, early spring plants, kids crafts, baked goods and lunch menu. Open 10 am – 4 pm. Admission is $1.00. For information call Louisa Cole 908-369-4184.

Extension Living Well Week

*Extension Living Well Week*, March 5 – 11, 2006 promotes making healthy choices and promotes the work of Family and Community Health Sciences. *Extension Living Well Week* encourages each of us to find ways to be more active, eat better, or make other healthy decisions. Suggestions include eating more vegetables and fruit, eating together as a family, drinking less soda and eating fewer high fat or high sugar snack foods. Research shows that over time even small changes add up to better health. What will you and your family do to be healthier?

**The Family and Community Health Sciences Living Well Conference** will be on May 3, 9:30 am -2:30 pm and includes lunch. The theme is herbs - health benefits, use in cooking for great taste, and successful growing in a container. Call 908-526-6295 for more information or visit our website.

Two upcoming workshops for adults include:

**Small Steps to Health & Wealth** – April 12, morning and evening—Many of the same principles for healthy living apply to “healthy” finances. This workshop helps people: eat smarter; make positive lifestyle changes; plan for a healthy, wealthy retirement and increase financial fitness. Participants will set personal goals and gain practical suggestions for achieving those goals.

**Living with Food Allergies** – May 9, morning and evening—Do you have a family member with food allergies? Then this workshop is for you. Food allergies can be life threatening. Managing food allergies has many challenges from selection and preparation of food at home, to school issues, to eating out, to coping with emotions. The presenter will discuss health issues, strategies for food selection at home and at restaurants, safe food preparation and implications for schools and organizations. She will also cover the issue of giving allergic children and teenagers more responsibility and working with others to ensure the safety of the allergic individual.

Information available on website or by calling 908-526-6295. Want to learn more about nutrition, lifestyle and health? Sign up for the free Family and Community Health Sciences newsletter, *Visions*.

Important Camp Dates

*Summer Adventure Weeks*  
July 10-14 - Grades 1-3  
July 17-21 - Grades 4-6

*L.G. Cook 4-H Camp*  
*Somerset County Preference Week*  
July 31 - August 5 - Grades 4 - 13
Scholarships Available

- **4-H Association Scholarship** – 12th and 13th grade 4-H’ers can apply for $1000 scholarship. Deadline April 1.


- **Benjamin C. Blackburn Scholarship** – $5000 Scholarship for students majoring in horticulture, botany, landscape architect or a related field. Deadline must be received by Scholarship Committee, located in Morristown by April 17.

- **Jim Rudowski Memorial Scholarship** – Any 4-H High School Senior interested in a career in Science can apply for $500 scholarship. Deadline April 1.

- **Joseph J. & Florence E. Klimas Scholarship** – Any Somerset Co. Alumni, who is a Junior or Senior in college, majoring in Education can apply for $1000 scholarship. Deadline April 1.

Somerset County 4-H Summer Camp Counselors (or teens interested in becoming counselors) - Meeting March 29

We are looking for teens who are interested in helping with summer camp. This year RCRE of Somerset County is hosting two camps:

- **SAW** - July 10 - 14 -- Grades 1 - 3
- **WOW** - July 17 - 21 -- Grades 4 - 6

We need teens to:
- Help plan activities and games for each day of camp
- Become CIT’s (counselors in training) who have graduated 8th grade, but are not yet 16
- Become Counselors who are 16 or older

Even if you are not sure about becoming a counselor, we welcome your input. Please join us for our next meeting on March 29, at 7:00 pm at the 4-H Center.

Counselor Applications are available both in our office and on the website. Completed applications are due June 1. Counselors will be notified of their status on or about June 15. If you have any questions, please contact Lisa Rothenburger at: rothenburger@rcre.rutgers.edu

Outstanding 4-H’er

*Applications Due June 1*

If you will complete your junior or senior year in high school this year, then you may want to apply to be an Outstanding 4-H’er. You will need to complete the application and ask one adult volunteer to write a recommendation letter for you.

Applications will be available in April and will be due June 1. Contact the 4-H office or visit our website for an application or more information.

Citizenship Washington Focus

*Applications due March 7*

Join 4-H’ers from other states in Washington, DC for a weeklong educational experience to learn more about government and citizenship. 4-H’ers in grades 9-12 can apply. The trip to Washington, DC is July 9-15. To find out about this event go to [www.4hcwf.org](http://www.4hcwf.org). Call the 4-H office for an application. Late applications will not be accepted.

State Presentations June 4

If you have completed 8th grade and received a blue ribbon at County Presentations, you are eligible to participate at Rutgers University. We will send information to those youth who qualify.
**WHAT SUITS ME BEST**

Open to all 4-H members, guys and gals….There are a few spots left - call now and plan to become a savvy shopper and learn what suits you best! 4-H is planning a series of workshops for youth in 7th grade or older to be held at the malls! You will learn where to buy clothing, how to look for quality, to examine the style & color of garments and to learn what looks best on you. Then, you will have the opportunity to put it all together and create a look for yourself.

These workshops will be held on Wednesday evenings, April 19, 26, May 3, and 10. **For more information and to reserve a spot, call Lucille Razzano at 908-526-6644.**

All 4-H members who complete the series of workshops will have the opportunity to model an ensemble they have purchased in the 4-H Fashion Revue, June 13, 2006.

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**WINTER CAMP 2006**

By Robbie Slovik

Despite the fact that there was no snow, winter camp was as usual, a huge hit. Somerset, Warren, and Cumberland counties all came together and traveled up to L. G. Cook Camp for a terrific weekend. As a whole, all counties participated in numerous events such as; basketball, ping pong, and billiards. However, if that wasn’t enough, the 6 mile hike was sure to have done a real number on everybody.

The weekend went by with no problems, except for one Frisbee that is still missing in action on the thin ice of the lake. Although there were great rescue attempts by all, I guess it liked it there better than at home. Winter camp has definitely lived up to expectations and as a first timer myself, I must say it really is all it’s cracked up to be.

Campers this year were Kathleen Kerwin, Patti Linnell, Nathalie Schlosser, Gwen Brown, Sarah MacCombie, Britney O’Brien, Ashley Miller, Robby Slovik, Jake Quick, Jason Metting, Matt Batzer and David Allison. Chaperones were Doug Farley, Maggie Navatto, Brian Bakes and Lisa Rothenburger.

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**National 4-H Congress Applications Due April 1**

National 4-H Congress is a unique leadership opportunity for 4-H members from all 50 states. The event focuses on leadership, youth empowerment, community service, career development, and cultural diversity. The event brings over 1200 4-H members to Atlanta over the Thanksgiving holiday weekend. The planning committee takes advantage of Atlanta’s standing as an international city and exposes delegates to as many venues in the city as possible including the Centennial Olympic Park, the World of Coke-A Cola, CNN Center, Carter Presidential Library and the Martin Luther King Center. There are many outstanding workshops along with keynote addresses that round out the experience. It is a once-in-a-lifetime opportunity for 4-H members.

NJ sends approximately 25 4-H members and 3 adult advisors to the event each year. One to three delegates are nominated from each county and then final delegates are selected through a state interview process. The cost of the event is approximately $800, of which part is paid by the 4-H Association, and includes air transportation, registration, lodging, and most meals. Local and state scholarships are available.

All interested 4-H members must be in the 10-12 grade at the time applications are due (April 1). Complete an application and go through a county and state selection process. Participants can only attend this event one time during their 4-H career.
4-H Food & Fitness Ambassadors

Are you in grades 8-13? Are you interested in an exciting new leadership opportunity? Do you like talking to people and sharing information? Are you interested in learning about eating healthy and getting active? Then becoming a Food & Fitness Ambassador may be right for you. But exactly what is a Food & Fitness Ambassador?

Last summer, New Jersey 4-H kicked off a new initiative called “Get Moving – Get Healthy with New Jersey 4-H.” The primary goal of the initiative is to get people (especially youth) to eat healthier and participate in more physical activities. At the fairs we had displays and activity stations.

We want to continue the fair activities and expand our efforts. This is where the Food & Fitness Ambassadors come in. We are looking for 2-3 teens from each county to serve as 4-H Food & Fitness Ambassador. As an Ambassador, your role will be to promote healthy eating and encourage people to engage in physical activities. The primary responsibilities of the Food & Fitness Ambassadors will be to:

- Attend a training/planning meeting on April 8.
- Take responsibility for Food and Fitness display at your county fair. This includes set-up and take-down of the display, and staffing the display throughout the prime visitor hours during the fair.
- Recruit other 4-H members to help staff the display at your county fair.
- Attend a follow-up evaluation meeting in late August or Early September.
- Help promote the Food and Fitness focus for the 2006-2007 4-H year including helping with volunteer trainings in the county and working with your club(s).

If you are interested in becoming a Food & Fitness Ambassador, or would like more information, please contact Lucille Razzano at our 4-H Office, 908-526-6644, and ask for a complete position description, application, and details about the training meeting. The training meeting for the Food & Fitness Ambassadors will be held on Saturday, April 8 from 10:00 a.m.-2:00 p.m. at the Mercer County RCRE Office.

Lock In

May 6, 7:00 pm - May 7, 8:30 am
Open to all Somerset County 4-H’ers grades 9 - 13

Register by April 22, permission forms needed to be completed. To register email the 4-H Office at: somersetcounty4h@co.somerset.nj.us or call: 908-526-6644.

Get Moving - Get Healthy
With New Jersey 4-H

Lindley G. Cook
Counselor
Opportunities

Become a camp counselor at Lindley G. Cook 4-H Camp in Stokes State Forest. Anyone sixteen or over may volunteer to be a counselor for one or more weeks this summer. Our County Preference Week is July 31 - August 5, but camp is open all summer. Mandatory counselor training is Saturday, April 8. Visit the Camp Web Site for more information. http://www.nj4hcamp.rutgers.edu/
Club Audit Forms Due!!!

New Jersey 4-H policy states that all club volunteers and members should receive an accurate club treasury report monthly. In addition, the 4-H office is to be appraised of club fund raising activities and receive an annual audit of the account. To date, we have only received a few audit forms for the year 2005. We would ask that the other clubs have their treasuries audited ASAP. The club audits were due to the 4-H office December 31. These forms can be downloaded from www.nj4h.rutgers.edu Click on publications, then click on NJ 4-H club treasury audit form (#4H247).

Thank you to those clubs who have sent in their forms on time: Sidewinders, Radical Rodents, and the Woof Dog Club.

Club Camp Weekend
April 7 - 9

Everyone loves 4-H Camp! Here is your club’s opportunity to spend time at L.G. Cook Camp. Deadline to reserve is March 31. The cost is $33.00 per person and includes meals. Members will need to complete a 4-H event permission form and adults will need to complete a 4-H overnight agreement form. If a club leader is unable to attend, a parent volunteer may help. Call volunteer leader Sue Posbergh for more details (908-304-6506) or email her at: ksec@att.net

Presentations: March 21, 22, 23, 2006

Evenings
Registration 6:30
Presentations 7:00

Wednesday afternoon
Registration 3:30
Presentations 4:00

What is your favorite topic? How would you like to present it? You have many choices.

♦ You may present as an individual or as a team.
♦ You may be judged or not.
♦ You decide how long it should be. (3-5 minutes for younger members, 5-8 minutes for older members and 8-15 for teens)

You choose the method.

A demonstration teaches through showing and explaining with actual supplies, tools, etc and ends with a finished product for the audience to touch or taste.

An illustrated talk tells about something or how something is done and must include visuals. Flip charts, posters, slides, etc are used.

A formal speech is written by the member or a noted individual and should stimulate thought or present a point of view. It is given from memory with brief notes. There are no visuals.

A performance incorporates drama, dance, instrumental or vocal music, puppetry, clowning, etc. The presenter introduces the art, performs, and concludes with an invitation for audience feedback.

Remember that every presentation needs an introduction, body and summary.

Registration forms, due March 13, are available from leaders and the 4-H Office. You may make copies of the form in this newsletter.
HURRAY FOR...

Administrative Professional Day

April 26 is Administrative Professional Day and a BIG thank you to our 4-H administrative professionals. They are great; always courteous, helpful, and organized. We really appreciate all they do, and hope you do too! Thank them for all they do next time you see them.

Mrs. RoseMary Fleming, Mrs. Marian Kaufman, Mrs. Georgeanne Valis and Ms. Jennifer Hodge.

Also thank you to the other RCRE secretaries and office manager who help out and lend a hand to all of us, making us a true “cooperative” extension:

Mrs. Carolyn Morella, Mrs. Jennifer Arago, Ms. Lillian DeLazzari, (the RCRE business manager).

Horse Project Achievement Awards

Junior English: Angela Patterson – Champion
Elizabeth Hobbie – Reserve

Senior English: Shilpa Deshpande – Champion
Chelsea Maciborski – Reserve

Junior Western: Elizabeth Hobbie – Champion
Sarah Rusk – Reserve

Senior Western: Chelsea Maciborski – Champion
James Hobbie – Reserve

Speed Division: Chelsea Maciborski – Champion
Jason Nicoletti – Reserve

George Daniels Memorial Award: Justin Dagnall

4-H Sportsmanship Awards: Jill Campbell
Nicki Hoffman

Most Improved Rider Award: Tom Armstrong

Parent Appreciation Awards:
Elyse Geibel – Horse Bowl
Justin Dagnall – Hippology

Association News

The 4-H Association welcomes new members-Laura Graham, Lisa Darby, Catherine Schlosser, Ernie Hall, Doug Farley, Kyle Miholics and Ann Perry. Thanks to them for agreeing to participate in this new role.

Best wishes and thanks to all retiring members- Anita Haley, Russ Balliet, Eileen Forrestall, Kevin and Suzanne Anderson, and Howard Deitzman. Howard made a special contribution by compiling the yearbook section of the Yearbook and Catalog for many, many years. We salute him!

The 4-H Association Wreath Committee would like to thank all 4-H clubs, association members and office personnel who helped with the wreath sales this year. It was a great year, with sales totaling 3036 wreaths. We also donated 12 wreaths to local charities. Our wreath sale is the oldest fundraiser we have. The money was originally used to build the 4-H Center and now maintains it.

Kudos to these clubs for selling the most wreaths: Woof Dog Club, Wag n’ Whiskers Dog Club, and 4-H Go-Karts.
**Florence Klimas**

**Residence:** Martinsville  
**Family:** Three married sons; Randy & Andrea Goodell, Scott & MaryAnn Goodell, Dustan & Angela Goodell, 2 grandsons, 5 granddaughters and four married step-children: John and Kathleen Klimas, Andrew and Ann Klimas, Edward Klimas and Teresa Rogers, Rev. Marcella Klimas and husband Richard, 4 granddaughters, 1 grandson and 2 great-granddaughters.  
**Hobbies:** Needlework--knitting, crocheting, embroidery, latch hook, needlepoint  
**First became involved in 4-H...**Approximately forty-five years ago. I was a neighbor of Ted and Helene Blum. My sons, Randy and Scott were members of Wattles & Snood Poultry Club and the 4-H Band. Scott was also a member of the Seeing Eye Club. Dorothy Arena, Beatrice Staats and I formed a Home Ec. Club in Hillsborough. I was also a Raritan Valley Grange member who participated with the Grange in various activities at the 4-H Fair.  
**Involvement in 4-H and community today...**Co-chairman with Mrs. Beatrice Staats of the 4-H Fair Bread Baking Contest. Judge for food units and Fun N Food Luncheon. Member, Advisory Council RSVP (Retired Senior Volunteer Program) and editor of the RSVP Newsletter; volunteer at the Washington Valley Library; Surrogate Parent for the State Department of Education; President, St. Luke's Rosary Society, North Plainfield; Good Shepherd Lutheran Crafteers and The Stitchers; Bridgewater Womans Club.  
**Most memorable experience as a volunteer...**being a Surrogate Parent for DYFS children, making rosary beads for the military and having them sent out in Operation Shoebox, writing the Retired Senior Volunteer Quarterly Newsletter.  
**Favorite aspect of volunteering...**Meeting new people.  
**People don't know that...**I would love to take the transcontinental train trip across Canada.  
**If I had more time I would...**discover how I can read a book and knit at the same time!  
*Florence’s son Scott was instrumental in establishing the Joseph J. and Florence E. Klimas Scholarship for Somerset County 4-H alumni interested in a career in education. See page 7 for more details.*

**Peggy Major**

**Residence:** Hillsborough  
**Family:** Husband Stan; daughters Lauren and Jennifer  
**Occupation:** Paralegal  
**Hobbies/Spare Time Activities:** Training dogs, going to dog shows, knitting, shopping, reading  
**First became involved in 4-H...**Stan became involved first as a dog leader; once one person becomes involved, the whole family becomes involved.  
**Involvement in 4-H and community today...**Dog trainer and leader of Woof Dog Club. Teaching children to train dogs give them valuable lessons they can use later in life, patience, consistency, kindness, keep trying and not give up, learn to ask for help.  
**Most memorable experience as a volunteer...**Going home after a fair with the car loaded down with goats, dogs and assorted paraphernalia, and a totally dirty Jennifer saying “I wish every day was the 4-H Fair”.  
**Favorite aspect of volunteering...**Friendships you make, working with dogs and kids as a team. Learning more myself as I continue to teach.  
**People don’t know that...**I’m very shy.  
**If I had more time I would...**Read.
A special place for kids to have fun, relax, learn life skills, make new friends and strengthen old friendships. 4-H Camp offers challenging and exciting programs, tailored to the campers’ individual interest and guided by experienced staff at all times. Activities include swimming, boating, arts & crafts, hiking, camping, nature & ecology, drama, riflery, archery and much, much more!

Register now! Summer Camp will run for 6 one-week sessions from July 3rd- August 12th. In the hope that Somerset County 4-H’ers will get to know each other better by attending camp at the same time, the Somerset County 4-H Preference Week is July 31 - August 5. The cost of a session of camp is $325 before April 1 and $335 after this date, which covers all food and activities. There are special discounts for registered 4-H members. Registration information is available at the 4-H Office or the camp website- www.nj4hcamp.rutgers.edu. Just visit the “forms” page.

Somerset County 4-H Weekend Camp

In the past, 4-H Prep Families spent a weekend at camp. Now everyone is invited! If you’ve ever been to camp, here’s your chance to relive those times spent boating, making crafts, singing around the campfire, eating in the dining hall and renewing old friendships. If you’ve never been before, join us and find out how much fun it is!

Somerset County 4-H Weekend Camp
June 2, 3, 4, 2005
Lindley G. Cook NJ 4-H Camp

Bring your family, your club, 4-H and Prep Alumni, or folks you would like to get involved...you’re bound to have a great time. You may come for the whole weekend or just on the big day—Saturday. Cost is $50 per person and includes EVERYTHING! Call or stop by the 4-H Office for a registration packet. Packets will also be available in the 4-H Center Lobby in March.
Contact the 4-H Office, 526-6644 for more information.

Camp Counselor Training - April 8

Volunteer Camp Counselors spend one or more weeks living in cabins with children and assisting with classes and activities. If you are interested in becoming an L. G. Cook Volunteer Camp Counselor, you must be at least 16 years old and have completed 11th grade. Please submit an application form and three references. You must also attend this mandatory training weekend at L.G. Cook 4-H Camp. After the training weekend, teens will be notified as to their acceptance and week(s) of placement at camp. Check the website for more info. www.nj4hcamp.rutgers.edu

Open House
May 21, 2:30 - 5:00

Trying to decide if you want to go to camp? Come and meet the Summer Camp Staff, take a tour and participate in a variety of activities. Free, rain or shine.
SAW!

SUMMER ADVENTURE WEEK

For Children Grades 1-3
July 10-14, 2006, 8:30 am-4:30 pm

Monday – Kool Foods From Near & Far
Taste new foods from around the world. Have fun making your own snacks.

Tuesday – Bugs, Slugs & Other Critters
Look for critters under logs, in streams and in the fields. Learn how creatures survive.

Wednesday – Awesome NJ
Hunt for 72 million year old fossils in a stream and experience rural life as it was in NJ in the 1890’s.

Thursday – For the Birds
See how birds live in the wild. Make bird houses and feeders to begin your own bird sanctuary!

Friday – Gobble Up NJ Agriculture
Visit two unusual farms, a turkey farm and a farm where they milk sheep and make their own cheese!

WOW!

WEEK OF WONDERS

For Children Grades 4-6
July 17-22, 2006, 8:30 am-4:30 pm

Monday – Empire of the Sun
Take a grand tour of the solar system. Observe the Earth’s rotation, chart moon phases.

Tuesday – Bugs & the City
Visit the thriving town of “Insectropolis”. Visit the Hive Airport, Bug University, Zoo, and more!

Wednesday – Digging for Dinos
Experience prehistoric life like never before with a genuine “Dig”. See and touch real dinosaur eggs, teeth and footprints.

Thursday – Go Wild
Visit a rehabilitation center for wildlife. Understand how we can protect and enjoy them.

Friday – Snakes & Snails…
Touch and see the icky and the slimy. See the world of reptiles and discover these unusual creatures that live among us.

Many exciting activities are planned for the most fun filled Summer Camp Program ever! Any boy or girl completing these grades may enroll even if he or she is not in 4-H. The cost of Week 1, SAW, is $250.00 before April 1, $300 after. The cost of Week 2, WOW, is $275 before April 1, $325 after. Both weeks include field trips, snacks, games fun and more. Space is limited so sign up early. For more information or to receive our brochure/registration packet, call 908-526-6644 or email: somersetcounty4h@co.somerset.nj.us. Forms also are available on line at: http://somerset.rcre.rutgers.edu/
2006 Yearbook and Catalog

Cover Contest Art & Photography

This is an open invitation to all fair exhibitors. Would you like your picture, project, animal etc. on the cover of our upcoming yearbook?

Send us your best photos! Digital is good, at least 300 pixels, but hard copies will be accepted. Send digitals to: somersetcounty4h@co.somerset.nj.us or send hard copies to the 4-H Office. Deadline is March 24.

Ad Sales

You should have received your Ad Sales packet. If you did not, contact the 4-H office right away! Additional ad sales forms are available on the web at: http://somerset.rce.rutgers.edu/4h/adsales.html

Why do we sell ads? To raise money to support the fair, the building, and the program.

New this year:

♦ Every club that sells $500 or more will receive 10% of their total ad sales for their club treasury
♦ The price for Friends is now only $1.00. There are no longer sponsor ads for $5.00
♦ Special message ads are 20.00

Remember:

♦ Every member with $50.00 or more in sales earns a special t-shirt
♦ 4-H'er should give all buyers of display ads a "thank you" supporter ribbon and a copy of the yearbook and catalog.
♦ American Express Gift Checks are presented to Top Selling Sales People
♦ Movie tickets are presented to Top Selling Families
♦ Deadline - April 28
♦ Every member and club is expected to help support the 4-H program to keep the fair free!

Make sure YOUR faces are there!

"Time To Say CHEESE!"

Every club should send a statement about the club and photos to the Yearbook and Catalog Committee. These may be group or individuals shots and will be placed in the yearbook on the appropriate project or activity page. Not only is it fun to find your fellow members and friends, but we are hoping this book will be educational and inspirational to the public. Let's show them how much fun and learning goes on in 4-H! You may send digital (300 pixels or better) to: somersetcounty4h@co.somerset.nj.us or hard copies to the 4-H Office. Deadline is April 30.

Don't forget: You may borrow the 4-H digital camera.
## Calling all 4-H Members...

We Need Your Help!

We are updating the promotional 4-H COLORING & ACTIVITY BOOK. We need original, "doodle-type" artwork (coloring-book-style artwork - good, clean, graphic line drawings), and creative maze & find-the-words activities and puzzles. The artwork and activities should represent your 4-H division and interests. We need all divisions represented.

Please submit your work on 8-1/2" x 11" unlined white paper. Include your name, grade & 4-H club. The deadline for submissions is April 1, 2006.


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## Fourth Annual S4HL

The “Somerset 4-H Live” (S4HL) noon hour at the 4-H Fair rocked! Our 2005 House Band, Sam Handwich and the YumYums, hosted three hours (one each day) of entertainment by many of Somerset County’s talented 4-H members.

This year it’s YOUR TURN to take to the Showmobile Main Stage! Details of the “Performing Arts” Open Division will be listed in your copy of the 2006 Exhibitor Guide. Check it out! And you can always contact the 4-H Office if you have any questions.

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## Fair Committees

A great way to meet people. There are still openings on several committees. The Sponsor Committee writes to businesses for donations. The Corporate Volunteer Committee organizes and greets the volunteers from local corporations. The Volunteer Oasis Committee will be in charge of refreshments for the work crews the week before the fair. Call Barbara Navatto to volunteer for these or other Fair Committees.

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## Space for Commercial Vendors

Parents, friends or ad customers may be interested in having a commercial booth at the fair. Space is limited, but the rental prices are good and the exposure, terrific. The Commercial Gallery is a success and we hope to make it even better. Contact Dawn Hribik, 908-725-6292, and reserve your space now!

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## Space for Food Vendors

Are you craving sausage and peppers? Cotton Candy? Chinese Bubble Tea? Or something new and different? Is your 4-H Club, Scout Troop, Church Group, Key Club, Band Council or other non-profit organization looking for a fund raiser? Ask them to volunteer to work in the food tent. New groups may not have to commit to running a booth! We are looking at new ways to organize this tent and if we know we have willing workers, maybe we can find a way to benefit all. Call Lucille Razzano at the 4-H Office: 908-526-6644.

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## Fair Planning Meeting

May 24, 2006, 7:30 pm 4-H Center

This is your opportunity to be heard. Meet the fair managers and share your suggestions for the 2006 4-H Fair.

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## Need to Reach the 4-H Center at Night?

The 4-H Center Night Manager is

Maryann DelGigante
Phone: 908-526-8242

7-10 pm Monday - Friday.
4-H Cattleman's Club
by Jessica Gilliam

In their January meeting, the club discussed doing Valentines for Veterans. They also talked about visiting the PA Farm Show. Then the club learned how to tell if a calf was healthy or sick. They are planning to discuss presentations at their next meeting.

Sheepfold Club
by Cathy Christy

Sheepfold Club members, Shanna and Cayce Clifford brought sheep to the Bridgewater United Methodist Church on Christmas Eve and participated in the Living Nativity. Church members that attended one of the 3 services that evening, were given an opportunity to greet the animals after each service.

4-H Exchange Club
by Shannon Zimmitti

At the last meeting, the club discussed the upcoming Dog Show on February 11 and the Doll Show on February 25. Since the Exchange Club hosts the Doll Show, committees were set up for different project areas. The club also discussed Winter Camp, which was at the end of January. Members started voting for what state they would like to exchange with other 4-H’ers and picked Colorado as a first choice and New York as their second. They also set up a club wide Record Book which will be kept by a committee headed by Shannon Zimmitti.

4-H Kitties
by Margaret Cyr & Lyra Biancamano

The club learned the difference between outdoor and indoor cats and different things cats like. The club also discussed upcoming cat shows, the next being February 25 & 26. Members have made kitty toys and cat fortune tellers.

Mighty Cavits & Rodents
by Kira Whitney

The club discussed the wreath sale and the importance of first aid kits. Permission forms were passed out to those interested in attending the Ocean County show. A talk was given on the club’s website and chat room so that all members are familiar with the internet. Other discussions included the club’s holiday party, which was being held on January 20th, doing record books for the year, and county presentations. Educational topics for members was the breeding of guinea pigs with plans for next meeting to discuss the breeding of rabbits.

3PIU 4-H Puppetry Club
by Betty Sommerville

The Practically Prepared Pretty Unpredictable 4-H Puppetry Club will be helping out with the Prep Rally on March 4th. They, along with members of the Garden State Puppetry Guild, will encourage preppers to creatively make & move a variety of puppets. It'll be great hands-on fun for all!
4-H Go-Kart Club
by Doug Rybczynski

The Go-Kart Club held its election of officers: Billy Griffith, President; Dale Artfitch, Vice President; Doug Rybczynski, Secretary; and Tyler Bobal, Treasurer. The club is planning to participate in the St. Patrick’s Day parade in Somerville on March 12. They will also participate in the Patriot’s pre-game show on April 30. Other tentative fun run dates were scheduled for 2006. Liz Cockburn gave a presentation on tire set-up on go-karts. The club is planning to discuss their swap meet at the next meeting.

Chaps & Spurs
by Kaitlyn Janisch

The Club discussed their Monthly Calendar as there are a lot of events over the next several months. In February there was a barrel racing/pole bending competition, a horse expo/farm show, a seminar at Rick’s Saddle Shop and an English Riding show. For March, the club will be working on County Presentations and their annual Tack Sale March 17-18. Justin Dagnall gave a presentation on “Reckless” a four-legged marine hero during the Korean War. In other club business, a reminder about hippology and horse judging every Thursday, fact sheets were distributed, photographic contacts for magazine were explained and a game was played teaching the younger members how to identify horse colors.

Happy Tails
by Amanda Cronce

Spring is around the corner and the Happy Tails rabbit club is planning to attend many activities. In March, members of the club will bring their rabbits to the NJ Junior Breeders and Young Farmers Symposium at Cook College. The club is also participating in the St. Patrick’s Day Parade. In April, the club is going to the Bridgewater Library, with the Bridgewater Garden Club, to show the rabbits to the children while they hear springtime stories about rabbits. The club would like to congratulate everyone who won awards in the February Small Animals Show at the 4-H center and would like to wish everyone a Happy St. Patrick’s Day.

Goat Extravaganza 2006
by Sue Schurick

The above event was held January 7 at the Hunterdon County Extension Office. 4-H members Ian Glicksman, Angie Philipseeck, Laura Davidson, Danny Philipseeck, Alex Barree and Emily Davidson of the Just Kidding Club and Kelly Fitzsimmons and Samantha Schurick of the Udder Club participated in activities such as Goat Jeopardy, Skillathon and a Goat Milk Poster and Presentation Contest. Members were also encouraged to submit art, photography and sculpture projects. Laura Davidson received a third place in art, Samantha Schurick received a third place in photography and a second place in the poster contest. Kelly Fitzsimmons received a first place in the poster contest and a third in the Skillathon. All of the posters will be on display at the State Goat Show on August 24.

Clowning Around 4-H
by Betty Sommerville

The clowns are already busy working on an improvisational skit about the Fair. They’re aiming on debuting it during the County presentation Week, but who knows where it will take them. Today’s Joeys become tomorrow’s Troupers!

4-H Country Kickers
by Georgeanne Valis

Come on out and start to learn some new line dances. The club is busy practicing the Thunderfoot, and a line dance cha cha, and soon will be working on the Tush Push. Ideas for dance routines are needed for the fair! Help us create a new dance!

On our cover from left to right—
Top Row: Debbie Norz, leader of Garden Gnomes & Exchange Clubs; Cathy Christy, leader of Sheepfold Club; Pam Christian, leader of Hoof Beats Club
Middle Row: Karen Ferguson, leader of Mad Scientists Prep Club & 4-H Kitties; Ann Harris, leader of Environmental Eagles; Rich Norz, President 4-H Association & leader of Garden Gnomes
Bottom Row: Jim Wood, Treasurer 4-H Association
Dear 4-H Prepper,

Our New Year celebration was great! There were many activities for all to do, including games, Clowning, Drumming, Dancing, and Eating! We had such tasty desserts. We had over 140 people attend. Many thanks to all of you for a night to remember!

You should have received a letter about the Prep Rally on March 4th and should be registered to attend. You’ll learn all about “Puppets with Pizzazz”. You will get to see a professional Puppet show, and you will learn how to make three different kinds of puppets. We want you to use this opportunity to show off what you learned from the Rally. We hope you will share this with other clubs and folks in our community as well as the Fair. This is a great way to show off your new knowledge!

Sincerely,

Mary Ann Dryl
For
Mrs. Kreutler
4-H Program Coordinator

Thank you!

The Prep New Years Party in January was terrific! It takes a lot of people to make a day like that so special. We need to thank them.

Many, many thanks to the people who led the activities: The Clouning Around Club: Betty Sommerville, Sally and Pamela Gilligan, Willie Sommerville, Anne-marie Seccamanie. The Junior Council: Erin Posbergh, Chris Posbergh, and Kyle Graham. The 4-H Country Kickers: Kelsey and Kaitlin Schwartz, Vicky and Jenifer Rizzo, and Courtney Coleman. The 4-H Upbeat Rhythm Collectors: Sue MacCombie, Sarah MacCombie and Brianna Mulrooney. Also a big thank you to Kim and Kyle Maholics, Elaine Mulrooney, Laura Graham, Carolyn Zarillo, Ashley Ward, Larry Dryl and all the Club Advisors, parents, and young volunteers who helped with clean-up!
Yakety-Yak

Our clubs have been meeting and having a good time learning lots of new things. The Prep Craft Club made snowmen out of Ivory Soap. It was a wonderful wintertime craft. The Exploding Stars learned about Layers of Liquids. Tim and Stephen presented a colorful experiment that demonstrated the weights of different liquids. It was interesting to see how some liquids sank below or floated above other liquids. They even dropped small pieces of wood, plastic metal and rubber to see how far they would sink. This was a great way to learn about the density of different substances.

Jill Brochinsky of the Mad Scientists tells us in December, they met at the Big Little Railroad Shop in Somerville where the storeowner, Jan, showed them all kinds of model trains. Bryan from the Somerset 4-H Trainmasters also demonstrated a module that he built. In January, the Whalen family led the group, which involved making creations from household items and explaining how they work. Cary, Matt, Noni, Cassy, AJ, Rohan, Allyson, and Josh put together some cool structures. Also, the Ferguson family invited a guest speaker, Stephanie Carey, who made learning about fighting germs lots of fun. Sarah, Kate, and Allyson did a great job remembering that we need to wash our hands, cover our coughs, and keep ourselves healthy from the inside out. The Mad Scientists thank all of their guests.

We have lots of news from the Montgomery 4-H Friends. On January 12th, Amy Musselman wrote: “We talked about Beta fish. We met at Amy Musselman’s Home. On January 26th, Sarah Kellar wrote: “Ali taught us about bunny care. She also showed us a poster and let us play with Honey, her pet bunny”.

The Triangle Tigers Afterschool 4-H Club which meets in the child care program at Triangle School in Hillsborough had special guests attend their last meeting. The Presenters were Matt Batzer and Jason Metting. They discussed what 4-H stands for, the Prep New Year’s Eve Party, different clubs to join, and 4-H Trivia. Their presentation was excellent and much appreciated. The members (Trisha Datta, Tej Naganthaw, Kyle Kauffman, Chris Horr, Justin Wu, Donna Conrad, Nik Mc Closkey, Chrissy Sun, Sarah Skievaski, Madeline Vailhe, Deinejrae Brown, Varun Singh, Erica Suraci, Louise Rorja, Coltrane Borja, and Ryan Jordan) thought it was a good meeting.

PS: Don’t forget about our Somerset County Weekend Camp June 2-4, 2006!
4-H Members are responsible to register directly with the 4-H Office. Please return to the 4-H Office (or the 4-H Center office in the evenings) by Monday, March 13, 2006.

I will participate in the Somerset County Presentation Program at the 4-H Center on:

- ______ Tuesday, March 21 - 7 p.m.
- ______ Wednesday, March 22 - 4 p.m.
- ______ Wednesday, March 22 - 7 p.m.
- ______ Thursday, March 23 - 7 p.m.

Name ___________________________ Grade _____ Phone _________________________
Street ________________________________________________________________
City ___________________________ State _____ Zip _____________
4-H Club ________________________________________________________________
Presentation type: _____ Demonstration _____ Illustrated Talk
- _____ Performing Arts _____ Formal Speech

The topic of my talk or performance will be ________________________________
_____________________________________________________________________
_____________________________________________________________________

Check all that apply:
- _____ I will need kitchen facilities.
  Be specific ___________________________________________________________
- _____ I would like to borrow audiovisual equipment.
  Be specific ___________________________________________________________
  (due to limited supply, we may not be able to accommodate all requests)
- _____ I will have a live animal. What type of animal? ______________________
- _____ I will bring music.
- _____ I need other special accommodations.
  Be specific ___________________________________________________________
- _____ I have a partner. The name of my partner ___________________________
- _____ I choose to have my presentation critiqued, but not judged.
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<th>March 4 - April 3</th>
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<td><strong>All Horse Registrations for State Events</strong></td>
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<td><strong>4-H Association Scholarship Applications</strong></td>
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*SOMERSET COUNTY 4-H WEEK*

- **(Cook College)**: 10 a.m. - 2 p.m.
- **3:45 p.m.**:
  - **State Fair**: 3:45 p.m.
  - **Membership**: 7:30 p.m.
- **(SOMERSET COUNTY 4-H WEEK)**: 3:45 p.m.

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**4-H Association Scholarship Applications**

- **Deadline**:
  - 31st of the month

**All Horse Registrations for State Events**

- **Deadline**:
  - 30th of the month

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**Due in County Office**

- **Deadline**:
  - 29th of the month

**Membership**

- **Deadline**:
  - 28th of the month

**State Fair**

- **Deadline**:
  - 27th of the month

**Cook College**

- **Deadline**:
  - 26th of the month

**SOMERSET COUNTY 4-H WEEK**

- **Deadline**:
  - 25th of the month

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**2006**

- **April 3**
  - **Due in County Office**
  - **All Horse Registrations for State Events**
  - **4-H Association Scholarship Applications**

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**March 4 - April 3**

- **Deadline**:
  - 31st of the month

**Membership**

- **Deadline**:
  - 30th of the month

**State Fair**

- **Deadline**:
  - 29th of the month

**Cook College**

- **Deadline**:
  - 28th of the month

**SOMERSET COUNTY 4-H WEEK**

- **Deadline**:
  - 27th of the month
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<tr>
<td><strong>YEARBOOK &amp; CATALOG AD SALE MONTHS MARCH &amp; APRIL</strong></td>
<td><strong>COUNTY DEADLINE FOR HORSE REGISTRATION DUE APRIL 3</strong></td>
<td><strong>4-H Summer Adventure Weeks Applications Available</strong></td>
<td><strong>4-H Summer Adventure Weeks Applications Available</strong></td>
<td><strong>4-H Club Camp Weekend (Cook 4-H Camp) (April 7-8-9)</strong></td>
<td><strong>Glider Meeting (Model Airplanes)</strong></td>
<td><strong>4-H Science-national Day</strong></td>
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<td>HPA Advisory Committee National 4-H Congress Applications Due in County Office 4-H Association Scholarship Applications Due in 4-H Office</td>
<td>Palm Sunday</td>
<td>4-H Fair Managers Meeting (7:30 p.m.)</td>
<td>Building &amp; Grounds Meeting (7:30)</td>
<td>Passover begins</td>
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<td>Good Friday (Office Closed)</td>
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<td>Volunteer Recognition Event 4-H Day at Patriots Stadium</td>
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All Livestock & Dairy Loan Forms Due in County Office May 1
How to score well at presentations-

- Practice, practice, practice. You will be more relaxed and confident.
- Cooking demonstrations have a different set of rules!!! Call for information.
- DO NOT READ. Work from an outline or brief notes. Make eye contact with audience.
- Introduce yourself, name, age, club, number of presentations
- Have an introduction or opening to the presentation- why are you telling this? why do people need to know this?
- The body of your presentation will contain major points, as well as stories, explanations and definitions of new words. If you are demonstrating a skill, you must talk as you work.
- Have a summary- what are the important points you made? What should people do with this information?
- Posters must be BIG AND BOLD. Can you read it across the room? Have more posters with less info on each.
- Do not bring animals or other props that you don’t actively USE in your presentation
- State where you got your information and ask for questions
- Time limits are: 3-5 minutes for grades 1-4 or first timers, 5-8 minutes for grades 5-7 or younger with experience, 8-15 minutes for grades 8-13
- Dress nicely or appropriately. No brand name labels across your shirt.
Dated Material